
OREGON STATE U n i v e r s i t y

OSU Academy for Lifelong Learning

*If you believe that learning never ends,
then you are invited to join ALL.*

THE ACADEMY FOR LIFELONG LEARNING

ALL is a self-funded, peer-led, membership organization that embraces learning as a lifelong process. Members are both students and volunteer instructors, who bring to the group a wealth of ideas, knowledge, and diverse interest areas to share with peers. Much of ALL coursework is developed and led by fellow members. Classes boast active, participatory learning environments.

MEMBERSHIP

ALL is open to any mature adult. You do **not** have to be an OSU alumnus or retiree. No particular experience or educational background is required. All you need is a genuine interest in lifelong learning!

GOVERNANCE & AFFILIATIONS

ALL is self-governed and is administered by a volunteer Advisory Board. Current members are listed at the right. Within ALL, crucial committees are Curriculum, Membership and Publicity. ALL is self-supporting and is affiliated with the OSU Alumni Association. ALL coordinates activities with the Oregon State University Retirement Association (OSURA) Board and is recognized by the OSU Foundation and the OSU President's Office.



PAUL BARKLEY
SHERYL BERNARD
SUE BORDEN
EMERY CASTLE
LARRY DALE
CHARLES DALLMANN
PAUL DICKEY
ELDON ERICKSON
JEAN PETERS
NORM SEWARD
CLIFF TROW
CAROLINE WILKINS

SOME CLASS SIZES ARE LIMITED SO SIGN UP EARLY!

WINTER 2005
CLASSES BEGIN JANUARY 4

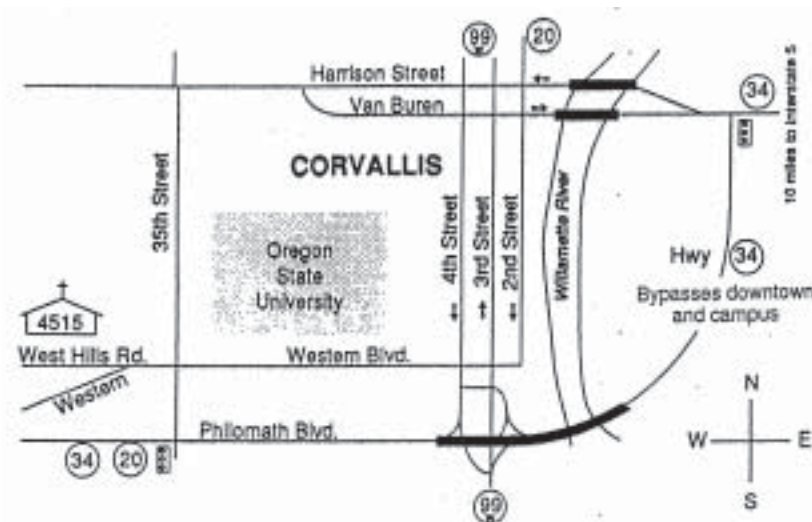


<http://oregonstate.edu/all/>

FREQUENTLY ASKED QUESTIONS

WHERE WILL THE CLASSES BE HELD & WHAT ABOUT PARKING?

ALL classes meet in the Meeting Room of the **First Congregational Church, United Church of Christ**, located at 4515 SW West Hills Road. This is about a mile west of the OSU Foundation Building. (See the map at the right.) The church has plenty of parking and is delighted to have ALL use its facilities.



HOW DO I JOIN?

Membership in ALL is \$100 per year. Members can attend as few or as many classes as they wish for a full year beginning the quarter in which they join. (Additional fees are charged for a few classes to cover books, travel, class materials, etc.). Use the included registration form to indicate your selections so instructors can plan for handouts. Some class sizes are limited.

Suggested registration deadline for Winter term is December 27th. Registrations will be accepted after that date, but limited sized classes fill quickly. Join or register today!

HOW DO I CONTACT ALL?

Address: c/o OSU Alumni Association, 204 CH2M Hill Alumni Center, Corvallis, Oregon 97331-6303
Phone: (541) 737-9405 – for messages, we will try to get back to you within 24 hours.
E-mail: OSUALL@Yahoo.com
Web: <http://oregonstate.edu/all/> (Includes the current course descriptions and Registration Form)

ALL TOPICS, TO CONSIDER

1. Last year, the Alumni Association Accounting Office, on ALL's behalf, wrote 33 refund checks to ALL members. Some members received more than one refund. Several people who received refunds during one term turned around and paid that amount or more in fees for a subsequent term. This has caused a noticeable increase in their workload. To minimize this work, effective the first of December, 2004, people who need refunds for fall and winter cancellations would receive a credit slip from our Administrative Assistant. When those members register for winter or spring term, they should deduct the credit amount from their registration fees and enclose the credit slip along with their check for the difference. The Alumni Association cannot carry the credits forward to the next fiscal year, so toward the end of spring term, based on information from ALL, the Alumni Association will issue refund checks to those people who had not had occasion to register for anything else during the program year.
2. The heart of ALL is the Curriculum Committee. Without it, there would be no classes. Its members are an eclectic group. Some have been in Education, and some have not. Some have been in the Corvallis area for years and some are newcomers. What they have in common are ideas about what might make great class offerings. Most joined tentatively, not sure if they "had anything to offer". Several were surprised about how many ideas

they **do** have to offer. As with anything, time passes and people's interests change—there **is** turnover on the Curriculum Committee. We are looking for new ALL members to join the Committee. Please consider joining them. Give Norm Seward (754-6659) or Paul Dickey (929-7988) a call to learn more.

3. Occasionally, it is necessary to promptly contact ALL members. This contact may pertain to all members or just those signed up to attend a particular class. For members who have e-mail, this is easy. For the more than 40 members, 20% of our membership, who do not have e-mail, this is a challenge. If there is time, we can compose, print and mail a postcard. A more efficient way is a Phone Tree. We had a phone-tree committee previously, but need to renew it. With 5 callers, the most calls anyone would need to make would be 8. In most cases there will be only two or three calls, usually only once per term. This is a great opportunity for **you** to play a big part as an ALL volunteer. Please consider becoming an ALL Caller, and give Paul Dickey a call (929-7988) to get the ball rolling.

4. **MARK YOUR CALENDARS** The annual, year-end, ALL Appreciation Get-Together will take place during the afternoon of Wednesday, June 1, 2005. As in past years, it will be a fun time to chat and socialize, to reflect on all we have seen and done during the year, and nosh on some delectable goodies. Details in the Spring.

WINTER COURSES

Classes are held at the First Congregational Church on West Hills Road unless otherwise noted.

1. Issues and Ideas

Tuesday, January 4 and 11, 9:30–11:30 AM: Power, Temptation and the Pursuit of Competence

Dave Bella, OSU Emeritus Professor of Civil Engineering, will look at the Soviet Biological Warfare System as a way to understand the prayer, "Lead us not into temptation, but deliver us from evil." Dave will show how competent people, like us, can become caught up in programs from which evil can emerge. It provides an alternative to blame and opens us to a new understanding of faith.

Tuesday, January 18 and 25, 9:30–11:30 AM: Religion and Violence

Warren Hovland, OSU Emeritus Professor of Religious Studies, will explore questions such as: How can we account for the global rise of religious violence? What do the World Religions teach about violence? How has Globalization, the Enlightenment, and the rise of Secularism affected the growth of Fundamentalism and violence in Judaism, Christianity and Islam?

Tuesday, February 1, 9:30–11:30 AM: Community Journalism in the Age of Hype

Although "the media" is vastly different than even a few years ago, the basics of journalism haven't changed, nor has the commitment of the Gazette-Times to inform and serve its customers and its community. Rob Prieue, Managing Editor of the GT, will join us to share his views.

Tuesday, February 8, 9:30–11:30 AM: How Oregon Newspapering Has Changed in Nearly 40 Years

Several trends, all amounting to a closing of our previously open society, have made news reporting more difficult, including the drive toward personal privacy, the tendency toward bureaucracy and specialization in everything, the prevalence of corporations and the regulations that govern them, and the growth of government. Hasso Hering, Editor of the Albany Democrat-Herald will examine whether hometown papers in Oregon have met the challenge to keep up.

Tuesday, February 15, 9:30–11:30 AM: Ten Years of Death with Dignity— Revisiting Oregon's Law on Physician-assisted Suicide

Oregon has now had a decade of experience as the first and only state with a law permitting terminally ill patients to request medication from their physicians to end their lives in a manner consistent with dignity. What have we learned from this decade of experience? Does "dignity" mean anything more than the right to choose the manner and method of one's death? Courtney Campbell, Chair of the OSU Philosophy Department, will explore these questions in light of medical, philosophical, and religious perspectives.

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Tuesday, February 22, 9:30–11:30 AM: The Geneva Convention and Human Rights

Dr. David Kliewer, retired physician and peace and human rights activist, will share his views from the perspective of an American prisoner of war in Japan during WWII.

Tuesday, March 1, 9:30–11:30 AM: A History of Arms Control

Andrew Klein, OSU Professor of Nuclear Engineering, will address the problem of arms control, how it developed and the implications.

Tuesday, March 8, 9:30–11:30 AM: The Decline and Fall of Nearly Everything

Richard Clinton, OSU Professor of Political Science, will trace the development of political institutions†– their rise and ultimate decline.

2. Japan

Tuesday, January 4, 1:30–3:30 PM: Japan – How Did We Get to the Present?

Clint Morrison will present an historical overview of two very different “Classical” periods, the Heian (792 – 1187) and the Togugawa or Edo (1600 – 1868). He will consider questions such as: what drove Japan in each of these periods, what happened in the 1860’s that changed Japan forever, what is “modern” but also pre-World War II, and how has Japan continued to change in each of the decades since 1945. Clint Morrison lived in Japan for eight years where he taught high school and worked as a financial accountant.

Tuesday, January 13, 1:30–3:30 PM: Language, Thinking, and Goings on

Clint Morrison returns to discuss changes in arts, society and belief systems. He will provide an overview of Japan’s fascinating and challenging language and writing system, social structure of companies, schools and other organizations. He will discuss Shinto, Buddhism and why many Japanese insist they are not religious. Finally, he will consider trains, planes and getting around in Japan.

Tuesday, January 18, 1:30–3:30 PM: Japanese – A High Contextual Language and a High Contextual Culture

Setsuko Nakajima, OSU Senior Instructor of Japanese, will illustrate native Japanese language patterns such as skipping the subject and direct object of a sentence. Their conversation partners judge missing information from a context.

Tuesday, January 25, 1:30–3:30 PM: Life in Japan as an American Patriot: A Businessman’s View and a Mother’s View

Jack Bird and Karen Thomas will discuss their experiences while living in Tokyo from 1992 – 2004.

Tuesday, February 1, 1:30–3:30 PM: Japanese Society and Culture

Dr. Jim McIendon, free lance editor, will examine traditional Japanese society and culture in terms of their most distinctive aspects and, generally, how they have shaped the county’s development since the end of the 19th Century. Finally, he will consider some of the social and cultural forms characteristic of Japan today. Jim McIendon, first went to Japan in 1969, and has taught university courses on Japan.

Tuesday, February 8, 1:30–3:30 PM: Two Japanese Families

After staying in the homes of two very different families, Kathy Butler and Marilyn Peterson share their observations of Japanese life.

Wednesday, February 16, 1:30–3:30 PM: Japanese Culture as Represented in Kimono and Origami

Ai Morita, from Yamagata, Japan, OSU Senior in Business and President of the Japanese Student Association, will demonstrate how to wear Kimono, explain facts about Kimono, and tell stories behind the Kimono tradition. She also will share experiences of Origami and show the audience how to make Origami. She will be joined by other Japanese students.

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Tuesday, February 22, 1:30–3:30 PM: Japanese Women through the Ages

Setsuko Nakajima returns to explain that some women were enjoying their life during the feudal war when the Chu-zeu doctrines were encouraged by the government. She will talk about when the dark age for all women began and what was in the background. Finally, she will consider the problems for women at the present time.

Tuesday, February 22, 5:30 PM: Japanese Dinner at the Aomatsu Restaurant

Aomatsu is located at 122 NW 3rd Street, Corvallis. Owner Gary Ahn will introduce Chef Tae Young Lee who will explain the menu and will tell about growing up in Japan.

Appetizers:

- Kushikatsu (deep fried, served on bamboo stick, with special sauce)
- Calamari, Asparagus
- Tempura (served with a special sauce)
- Vegetable, Shrimp

Entries (three choices – make your choice at the restaurant):

Choice 1:

- Beef Teriyaki
- Beaver Ball (shitake mushroom, topped with fish and spice, deep fried)
- California Roll (3 pieces)
- Seaweed Salad
- Sushi (5 pieces: tuna, yellow tail, salmon, ebi, shiromi)

Choice 3:

- Tofu Teriyaki
- Beaver Ball
- California Roll (3 pieces)
- Chuka Ika (Squid Salad)
- Sashimi (8 pieces: Tuna and Salmon)

Choice 2:

- Same as Choice 1, but Chicken Teriyaki instead of Beef

All choices will include:

- Miso Soup, Salad, Steamed Rice and Hot Tea and Soft Drinks

Cost is \$25.00, including gratuity

Hot or cold Sake, Japanese and American beers and wines are available at extra cost

Tuesday, March 1, 1:30–3:30 PM: Changes in Japanese Business

Dr. Jim Mclendon returns to discuss themes relating to the way business has been organized and conducted in Japan in the postwar era. He will consider the nature of the firm, inter-firm relations, government-business relations, and the rapid changes taking place in business in the last ten to fifteen years.

Tuesday, March 8, 1:30–3:30 PM: History and Place: Japan

Dr. Hung-Yok Ip, OSU Associate Professor of History, will analyze famous and historically significant places. Professor Ip teaches Chinese, Japanese, and world history. Her research involves Chinese cultural and intellectual history, Buddhism, and contemporary political theory.

3. Fine Arts

Wednesday, January 5, 9:30–11:30 AM: Toward Sustainability – “The Natural Step”

Architect Tom GennÉ will talk about the importance of living within the systems of nature. He will introduce “The Natural Step”, a movement started by a Swedish doctor that is now spreading around the world. How will we live in and leave the world for following generations? He will discuss how answers are found with increased knowledge of the wonders of nature.

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Wednesday, January 12, 9:30–11:30 AM: An Apple and an Orange Fall in Love

Lanford Wilson is one of America's leading playwrights. This month, the Albany Civic Theatre presents Wilson's Pulitzer Prize winning romance, *Talley's Folly*. Veteran mid-valley director Robert Leff, will present an informal discussion of the playwright and his play about the courtship of Missouri women and a Jewish accountant in the boathouse on July 4, 1944.

Talley's Folly will be presented by Albany Civic Theatre January 7, 8, 14, 15, 20, 21, 22 at 8:00 PM and January 16, at 2:30 PM. Tickets for those over 60 are \$6 and available at Rice's Pharmacy in Corvallis or Sid Stevens Jewelers in Albany.

Wednesday, January 19, 9:30–11:30 AM: Sibelius and Stenhammar: Something Old, Something New: Why Bother?

Marlan Carlson, Chair of the OSU Music Department, will expand upon two scores which will be featured in the February 2nd concert of the Corvallis–OSU Symphony Orchestra. In addition he will expatiate upon the validity of such performances in small town, 21st Century America.

Wednesday, January 26, 9:30–11:30 AM: Two American Poets Laureate

Marjorie Goss, retired English professor, will explore the history, rewards and duties of a poet laureate. Works of two recent honorees, Billy Collins and Louise Glück, will be provided for discussion.

Wednesday, February 2, 9:30–11:30 AM: Utopias and Dystopias: A Reprise

Brookes Spencer, OSU Emeritus Professor of the History of Science, returns to engage in a discussion of the dystopia *1984* by George Orwell and the utopia *Island* by Aldous Huxley.

Wednesday, February 9, 9:30–11:30 AM: Frida Kahlo: Mexican Artist-World Icon

Historian Stephanie Wood, a research associate at the U of O Center for the Studies of Women in Society, will offer an illustrated presentation exploring multiple questions surrounding the personality and paintings of Frida Kahlo, a legendary figure from the Mexican revolutionary era. How does her legacy compare with that of her famous husband, the muralist Diego Rivera?

Tuesday, February 15, 1:30–3:30 PM: Elvis Lives! (Sort of!)

Ray Pietz, better known as "Radio Ray", host of an early morning radio show on KGAL, will present a retrospective of Elvis Presley – his life, his contributions to our culture, his continued presence, and, mostly, the reflections of a true fan.

Wednesday, February 16, 9:30–11:30 AM: Brahms: A German Requiem

Steven Zielke, OSU Director of Choral Studies, will return to discuss the joint OSU Choruses and Corvallis-OSU Symphony Orchestra presentation of this famous work, scheduled for Sunday, February 27, 3:00 PM at the OSU LaSells Stewart Center. Obtain concert tickets on your own, but get them early as this event usually sells out!

Wednesday, February 23, 9:30–11:30 AM: Forms, Genres, and Textures I

David Eiseman, OSU Professor Emeritus of Musicology, will provide an introduction to forms/ procedures (such as variation, baroque dance, sonata, rondo), genres, (such as sonata, symphony, concerto, overture, suite), and textures (such as monophonic, homophonic, and polyphonic, including canon and fugue). Comprising four sessions, two this term and two spring term, this series is designed to provide a basis for perceptive and knowledgeable listening, along with some historical background. Session I will deal with texture, the suite and symphony.

Wednesday, March 2, 9:30–11:30 AM: Picasso at the Lapin Agile: A Study in Art, Physics, and Humor

Jen Waters, long time actor and director, makes her directing debut at Corvallis Community Theatre with *Picasso at the Lapin Agile* by Steve Martin. In this 1996 Broadway play Martin imagines a meeting of the young Pablo Picasso and Albert Einstein in a Paris bar in 1904. Following Jen's discussion of the play, we will tour the Majestic Theatre and the set of the play.

Note: This class meets in the Community Room of the Majestic Theatre.

Classes are held at the First Congregational Church on West Hills Road unless otherwise noted.

Picasso at Lapin Agile runs March 11, 12, 17, 18, 19 at 8:00 PM and March 13, 20 at 2:30 PM, at the Majestic Theatre.

Wednesday, March 9, 9:30–11:30 AM: Forms, Genres, and Textures II

Following February 23, Dr. Eiseman will continue the presentation of the symphony and introduce the sonata.

4. History, Politics and Philosophy

Thursday, January 6, 9:30–11:30 AM: Our Grandchildren’s Future 2025–50

Over time people make choices and allocate resources, thereby shaping their own and others’ futures. Charles Vars, Jr, OSU Emeritus Professor of Economics, will explore some structured (albeit uncertain) projections about the changing world in which our grandchildren will be adults.

Thursday, January 13, 9:30–11:30 AM: The Art of Mindful Living

Jerry Braza, Western Oregon University Professor of Health Education, will discuss Mindful Living and the teachings of Vietnamese Zen master Thich Nhat Hanh. Class participants will learn how to “let go,” breathe, smile and live deeply in each moment.

Thursday, January 20, 9:30–11:30 AM: Lincoln, Davis and Their Generals

Cliff Trow, OSU Emeritus History Professor, will compare and contrast the leadership of the North and South during the Civil War.

Thursday, January 27, 9:30–11:30 AM: Zen Meditation: Wellness of Body, Mind and Spirit

Abby Terris, Counselor and Educator at Heartspring Wellness Center and leader of the Corvallis Zen Circle, will explore the connections between the historical, philosophical, religious and therapeutic roots and concepts of Zen meditation from a Zen Buddhist perspective.

Thursday, February 3, 9:30–11:30 AM: Sacajawea – The Myths, the Legends and the Facts

Tony Farque, archaeologist for the US Forest Service, will explore the mysterious story of Sacajawea, the historic interpreter and guide for the Lewis and Clark Expedition.

Thursday, February 10, 9:30–11:30 AM: This Land is “Whose Land...?”

Kurt Peter, OSU Professor of Ethnic Studies and Director of the Native American Collaborative Institute, will present a Native American Perspective on the Lewis and Clark Expedition.

Thursday, February 17, 9:30–11:30 AM: Armchair Travel: Antiquities of Egypt

Lloyd Swanson, OSU Emeritus Professor of Animal Sciences, will present an informed and illustrated travelogue of the antiquities of Egypt. Beginning with the Egyptian Museum of Antiquities in Cairo, he will move on to the Giza pyramids, the tombs and temples of Luxor, south to Abu Simbel on the Sudan border and then to the Sinai Peninsula.

Thursday, February 24, 9:30–11:30 AM: Leaving a Loaded Gun out – Militarization’s Consequences for Democracy

Doug Clark, LBCC Political Science Instructor, will present a review and update on the social, economic and political consequences of the militarization of US foreign policy.

Wednesday, March 9, 1:30–3:30 PM: Franklin Roosevelt – The World War II Years

Cliff Trow, OSU Emeritus History Professor, will examine the consequences of a controversial presidency.

Thursday, March 10, 9:30–11:30 AM: Frontier Ambassador: The Life of Jean Baptiste Charbonneau

Jean Baptiste Charbonneau was the infant who accompanied the Lewis and Clark Corps of Discovery on their epic journey. John Buckhouse, OSU Professor of Rangeland Resources, will examine the interesting, varied and surprising life of a man, born in a Mandan village, who lived a full and enviable life, and died in the rugged desert of southeastern Oregon.

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5. Science

Thursday, January 6, 1:30–3:30 PM: Adventures with the New Biology

Kevin Ahern, OSU Senior Instructor of Biochemistry and Biophysics, will discuss the revolution occurring in the field of biology. He will focus on our understanding of how cells work and how scientists are manipulating them to do amazing things.

Thursday, January 13, 1:30–3:30 PM: Mount St. Helens – Geology and Ecology since the 1980 Eruption

Fred Swanson, USDA Forest Service geologist, will describe geological and ecological changes at Mount St. Helens, before, during, and since the May 18, 1980, cataclysmic eruption. He has studied the effects of the eruption and is co-editor of a book on the ecological responses.

Thursday, January 20, 1:30–3:30 PM: The People of Arctic Alaska – The Inupiat and Yup'ik

Keni Sturgeon, anthropologist and Curator of the WOU Jensen Arctic Museum, will describe the culture and lifestyles of the Inupiat and Yup'ik people before and after western contact.

Wednesday, January 26, 2:00–3:00 PM: Guided Tour of the Jensen Arctic Museum

Paul Jensen, WOU professor of education, devoted his life to the Arctic and its people. This unique Museum contains artifacts and presentations based on his personal contacts. Keni Sturgeon will meet with ALL participants at 2 pm to give us a guided tour. The Museum is located at 590 Church Street, Monmouth, on the campus of Western Oregon University.

If you can offer or need a car ride, contact Denis Jarvis at 758-8060 or dbjarvis@peak.org by January 23.

There is a limit of 30 participants.

Thursday, January 27, 1:30–3:30 PM: Food Innovations

Advancing Northwest foods is the aim and mission of the Food Innovation Center in Portland. John Henry Wells, OSU Superintendent of the Agricultural Experiment Station, will discuss the work of the Center.

Thursday, February 3, 1:30–3:30 PM: Ergonomics for Daily Living

Colleen McDonough, Albany Doctor of Chiropractic, will address the ergonomics of daily living. From the kitchen to the computer to your car to exercise, learn how to incorporate ergonomics into every step you take. It is the key to understanding how your quality of life can improve with simple and healthful suggestions in this informative and fun class.

Thursday, February 10, 1:30–3:30 PM: Strength Training – A Miracle Cure?

Todd Shoepe of the OSU College of Health & Human Sciences will conduct a clinic on how to lift weights efficiently to increase bone density, lessen arthritis pain, increase metabolism, improve body composition, blood pressure and blood lipids, decrease low back pain and possibly diabetes.

Thursday, February 17, 1:30–3:30 PM: Solar Power – When and How Will it Be a Part of Our Lives?

Christopher Dymond, an energy analyst for the Oregon Department of Energy, will present three compelling reasons why we can no longer look to fossil fuels to meet all our energy needs and what role solar power can and must take in the next ten years. He will also address why the USA has fallen so far behind in the technology race for 21st Century power systems.

Thursday, February 24, 1:30–3:30 PM: Vegetable Genetics and Human Nutrition

Jim Myers, OSU Professor of Vegetable Breeding and Genetics, will examine the health effects of vegetables, with a focus on antioxidant properties of various compounds found in vegetables. He will also discuss how human nutrition can be enhanced through plant breeding.

Thursday, March 3, 1:30–3:30 PM: Linus Pauling and Orthomolecular Medicine

Stephen Lawson, Administrative Officer of the Linus Pauling Institute, will explore what set the stage for Dr. Pauling's development of orthomolecular medicine – the practice of varying the concentration of molecules normally found in the body to attain optimal health and to prevent and treat disease.

Please **ONLY ONE** registration per form. Make a copy of your selections and mail by December 24.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-Mail: _____

Annual membership per year in the OSU Academy for Lifelong Learning is \$100, good for 12 months, i.e. Winter 2005 quarter through Fall 2005. New memberships can start in **any** quarter.

New/renewal membership fee: \$100 per person _____ **Optional:** Program donations _____

Special Class fees: Japanese Dinner (\$25) _____ Scholarships _____

_____ **Total Enclosed** _____

How did you find out about ALL? _____

MAKE CHECKS PAYABLE TO: **ALL/OSUAA**

Mail or bring your check & this registration form to:

The Academy for Lifelong Learning
c/o OSU Alumni Association
204 CH2M Hill Alumni Center
Corvallis, OR 97331-6303

The continuing success and expansion of ALL depends on meeting your needs and bringing in new members. Please list below people you feel will enjoy ALL.

Name	Street Address	City	ZIP
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

HOW DO I VOLUNTEER TO LEAD A CLASS, BE A COMMITTEE MEMBER OR JUST HELP OUT?

Because ALL is member-run, we need dedicated volunteers and class leaders. Please share your talents! Just indicate below what you would like to do and how to contact you. Thanks!

Your Name _____ Phone/E-Mail _____

Area(s) of Interest _____

Is there anything else you would like to tell us? All comments are welcome!

“Select All You Want, but Please Attend All You Select.”

Please check the boxes for the classes or events you want to attend. If there is an additional charge, mark it on the front registration page and include a check for the total amount.

1. Issues and Ideas

- Tuesday, January 4 & 11, 9:30–11:30 AM: Power, Temptation
- Tuesday, January 18 & 25, 9:30–11:30 AM: Religion & Violence
- Tuesday, February 1, 9:30–11:30 AM: Community Journalism
- Tuesday, February 8, 9:30–11:30 AM: Changes in Newspapering
- Tuesday, February 15, 9:30–11:30 AM: Death with Dignity
- Tuesday, February 22, 9:30–11:30 AM: Geneva Convention
- Tuesday, March 1, 9:30–11:30 AM: History of Arms Control
- Tuesday, March 8, 9:30–11:30 AM: Decline & Fall of Nearly Everything

2. Japan

- Tuesday, January 4, 1:30–3:30 PM: Japan – History
- Tuesday, January 13, 1:30–3:30 PM: Language, Thinking
- Tuesday, January 18, 1:30–3:30 PM: Language & Culture
- Tuesday, January 25, 1:30–3:30 PM: Americans in Japan
- Tuesday, February 1, 1:30–3:30 PM: Society & Culture
- Tuesday, February 8, 1:30–3:30 PM: Two Japanese Families
- Wednesday**, February 16, 1:30–3:30 PM: Japanese Students
- Tuesday, February 22, 1:30–3:30 PM: Japanese Women
- Tuesday, February 22, 5:30 PM: Japanese Dinner
Cost \$25
- Tuesday, March 1, 1:30–3:30 PM: Japanese Business
- Tuesday, March 8, 1:30–3:30 PM: History & Place

3. Fine Arts

- Wednesday, January 5, 9:30–11:30 AM: Toward Sustainability
- Wednesday, January 12, 9:30–11:30 AM: Discussing *Tally's Folly*
- Wednesday, January 19, 9:30–11:30 AM: Sibelius & Stenhammar
- Wednesday, January 26, 9:30–11:30 AM: American Poets
- Wednesday, February 2, 9:30–11:30 AM: Utopias & Dystopias
- Wednesday, February 9, 9:30–11:30 AM: Frida Kahlo
- Tuesday**, February 15, 1:30–3:30 PM: Elvis Lives!
- Wednesday, February 16, 9:30–11:30 AM: Brahms Requiem
- Wednesday, February 23, 9:30–11:30 AM: Musical Forms I

- Wednesday, March 2, 9:30–11:30 AM: *Picasso at the Lapin Agile*

Note: Meet at the Majestic Theatre

- Wednesday, March 9, 9:30–11:30 AM: Musical Forms II

4. History, Politics and Philosophy

- Thursday, January 6, 9:30–11:30 AM: Grandchildren's Future
- Thursday, January 13, 9:30–11:30 AM: Art of Mindful Living
- Thursday, January 20, 9:30–11:30 AM: Lincoln, Davis & Generals
- Thursday, January 27, 9:30–11:30 AM: Zen Meditation
- Thursday, February 3, 9:30–11:30 AM: Sacajawea
- Thursday, February 10, 9:30–11:30 AM: “Whose Land...?”
- Thursday, February 17, 9:30–11:30 AM: Antiquities of Egypt
- Thursday, February 24, 9:30–11:30 AM: Loaded Gun
- Wednesday**, March 9, 1:30–3:30 PM: Franklin Roosevelt
- Thursday, March 10, 9:30–11:30 AM: Frontier Ambassador

5. Science

- Thursday, January 6, 1:30–3:30 PM: The New Biology
- Thursday, January 13, 1:30–3:30 PM: Mount St. Helens
- Thursday, January 20, 1:30–3:30 PM: Arctic Alaskan People
- Wednesday**, January 26, 2:00–3:00 PM: Tour of Jensen Museum
Limit of 30 participants
- Thursday, January 27, 1:30–3:30 PM: Food Innovations
- Thursday, February 3, 1:30–3:30 PM: Ergonomics & Daily Living
- Thursday, February 10, 1:30–3:30 PM: Strength Training
- Thursday, February 17, 1:30–3:30 PM: Solar Power
- Thursday, February 24, 1:30–3:30 PM: Vegetable Genetics
- Thursday, March 3, 1:30–3:30 PM: Orthomolecular Medicine

What classes would you like for ALL to consider? If you can recommend an instructor, please include the appropriate contact information:

Class Name/Description _____

Presenter Name & Contact Information _____

Classes are held at the First Congregational Church on West Hills Road unless otherwise noted.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 3	January 4 Power, Temptation 9:30–11:30 Japan–History 1:30–3:30	January 5 Sustainability 9:30–11:30	January 6 Grandchildren’s Future 9:30–11:30 New Biology 1:30–3:30	January 7
January 10	January 11 Power, Temptation 9:30–11:30 Language, Thinking 1:30–3:30	January 12 <i>Tally’s Folly</i> 9:30–11:30	January 13 Mindful Living 9:30–11:30 Mt. St. Helens 1:30–3:30	January 14
January 17	January 18 Religion & Violence 9:30–11:30 Language & Culture 1:30–3:30	January 19 Sibelius & Steinhammar 9:30–11:30	January 20 Lincoln & Davis 9:30–11:30 Arctic Alaskan People 1:30–3:30	January 21
January 24	January 25 Religion & Violence 9:30–11:30 Americans in Japan 1:30–3:30	January 26 American Poets 9:30–11:30 Jensen Museum Tour 1:30–3:00	January 27 Zen Meditation 9:30–11:30 Food Innovations 1:30–3:30	January 28
January 31	February 1 Community Journalism 9:30–11:30 Society & Culture 1:30–3:30	February 2 Utopias & Dystopias 9:30–11:30	February 3 Sacajawea 9:30–11:30 Ergonomics 1:30–3:30	February 4
February 7	February 8 Newspapering Changes 9:30–11:30 Japanese Families 1:30–3:30	February 9 Frida Kahlo 9:30–11:30	February 10 Whose Land? 9:30–11:30 Strength Training 1:30–3:30	February 11
February 14	February 15 Death with Dignity 9:30–11:30 Elvis Lives! 1:30–3:30	February 16 Brahms Requiem 9:30–11:30 Japanese Students 1:30–3:30	February 17 Antiquities of Egypt 9:30–11:30 Solar Power 1:30–3:30	February 18
February 21	February 22 Geneva Convention 9:30–11:30 Japanese Women 1:30–3:30 Japanese Dinner, 5:30 PM	February 23 Music Forms I 9:30–11:30	February 24 Loaded Gun 9:30–11:30 Vegetable Genetics 1:30–3:30	February 25
February 28	March 1 Arms Control 9:30–11:30 Japanese Business 1:30–3:30	March 2 <i>Picasso at the Lapin Agile</i> 9:30–11:30	March 3 Orthomolecular Medicine 1:30–3:30	March 4
March 7	March 8 Decline of Everything 9:30–11:30 History & Place 1:30–3:30	March 9 Musical Forms II 9:30–11:30 Franklin Roosevelt 1:30–3:30	March 10 Frontier Ambassador 9:30–11:30	March 11

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